Competitive Eating (Speed Eating)



I. Q1: What food do people usually eat in a speed eating contest?
Q2: If you are going to attend a contest like this, what food do you prefer?

II. Read the news article "Secrets of a Competitive Eating Champion"

- Try to **guess** the meanings of the underlined words from the highlighted contexts.
- Try to summarize (talk about the main points only) by your own words.

III. Speed Eating V.S. Eating Show

What are some similarities and differences between speed eating and eating show? Discuss with your partner and fill in the chart below. Use "contrast signal words" (see handout) to develop your sentences.

(possible answers)

Items	Speed Eating	Eating Show	Use contrast signal words to describe
(example) Frequency	once per year or once every several months	every day or several days per week	Usually a speed eating contest is held once per year. Unlike the contest, an eating show is held everyday.
type	a contest	a show	Speed eating is a contest, while eating show is a show.
time	limited (10 minutes)	not limited (2-3 hours)	In a speed eating contest, the time is limited. However, time is not limited in an eating show.
food taste	bad/so so/ not important	tasty, mouthwatering dishes	The food taste in a speed eating is not important. In contrast, in an eating show, the eater usually eats mouthwatering dishes.
Do the eaters enjoy the food?	no	yes	
food type	just one type	many kinds of food	
Can they win money	yes (receive a lot of money at a time)	yes (receive a smaller amount of money everyday)	

from it?			
show products for branding?	yes	yes	In **both** speed eating and eating show, the sponsor and the eaters show products for branding.