Competitive Eating (Speed Eating)

I. Q1: What food do people usually eat in a speed eating contest?
Q2: If you are going to attend a contest like this, what food do you prefer?



II. Read the news article "Secrets of a Competitive Eating Champion"

- Try to **guess** the meanings of the underlined words from the highlighted contexts.
- Try to summarize (talk about the main points only) by your own words.

III. Speed Eating V.S. Eating Show

- What are some similarities and differences between speed eating and eating show? Discuss with your partner and fill in the chart below.
- Use "contrast signal words" (see handout) to develop your sentences.
  Example: Usually a speed eating contest is held once per year. Unlike the contest, an eating show is held every day.

Items	Speed Eating	Eating Show
(example) Frequency	once per year or once every several months	every day or several days per week